

Local Wellness Policy Triennial Assessment

Sponsors participating in the National School Lunch Program and/or School Breakfast Program are required to have a local wellness policy for all participating sites under its jurisdiction. At a minimum, the local wellness policy must be assessed once every three years; this is referred to as the triennial assessment. Triennial assessments must determine, for each participating site under its jurisdiction, 1) compliance with the wellness policy, 2) progress made in attaining the goals of the wellness policy, and 3) how the wellness policy compares to model wellness policies. **This documentation should be kept on file with your organization's written local wellness policy for review by an ISBE monitor during your next school nutrition administrative review.**

Sponsor Name: Naperville CUSD 203

Site Name: All Schools

Date Completed: June 28, 2024

Completed by: Michelle Swope

Part I: Content Checklist

Below is a list of items that must be addressed in Local Wellness Policies, based on U.S. Department of Agriculture (USDA) and state guidance. Check the box for each item included in your Local Wellness Policy. For any box that is not checked, consider taking steps to add the item(s) to the policy in the future. For more information, see [ISBE's Local Wellness Policy Content Checklist](#).

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|--|--|---|
| <input checked="" type="checkbox"/> Goals for Nutrition Education | <input checked="" type="checkbox"/> Nutrition Standards for School Meals | <input checked="" type="checkbox"/> Wellness Leadership |
| <input checked="" type="checkbox"/> Goals for Nutrition Promotion | <input checked="" type="checkbox"/> Nutrition Standards for Competitive Foods | <input checked="" type="checkbox"/> Public Involvement |
| <input checked="" type="checkbox"/> Goals for Physical Activity | <input checked="" type="checkbox"/> Standards for All Foods/Beverages Provided, but Not Sold | <input checked="" type="checkbox"/> Triennial Assessments |
| <input checked="" type="checkbox"/> Goals for Other School-Based Wellness Activities | <input checked="" type="checkbox"/> Food & Beverage Marketing | <input checked="" type="checkbox"/> Reporting |
| <input checked="" type="checkbox"/> Unused Food Sharing Plan | | |

Part II: Goal Assessment

Per USDA regulations, the triennial assessment must determine compliance with and progress made in attaining the goals of the wellness policy. Input the goals of your local wellness policy into the table below for the corresponding areas: Nutrition Education, Nutrition Promotion, Physical Activity, and Other School-Based Wellness Activities. Indicate if the site is meeting, partially meeting, or not meeting each goal listed. Include any next steps in attaining the goal(s), if applicable. Table rows may be added for additional goals.

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Nutrition Education				
Nutrition education for all grade levels		X		Review at all school levels to see where we can add
Goals for other school based activities			X	Activate walking, water hydration & other healthy programs
Wellness Leadership	X			We have a base Wellness Plan
Public Involvement			X	Need to establish a committee
Outdoor Gardening & Indoor Hydroponics Growing System		X		Implement further opportunities

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Nutrition Promotion				
National Apple Day on Friday, October 20th	X			Published via Social Media in our weekly update/Talk203 on Thursday 10/19
Strawberry Milk for Valentine's Day	X			Repeat annually
Strawberry Cream Slushy Cups in the month of February	X			100% fruit juice - kids LOVED, posted posters
Whole Muscle Chicken	X			Serving only whole muscle chicken

Display posters & publish electronically “What Makes A Complete Meal”	X			Continue to display posters, inform parents and update website
National School Breakfast Week (March 4-8)	X			Offered new breakfast items to celebrate the importance of nutritious school breakfast in fueling students for success

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Physical Activity				
Physical education minimum requirements	X			Continue to monitor and ensure all students are getting required PE
Variety of Interscholastic Sports offered to engage students further in physical activity with peers	X			Continue to promote student participation

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Other School-Based Wellness Activities				
Serving “Breakfast Beyond the Bell”	X			Providing nutrition for tardy students or other late eaters
Published monthly “meal preparation” recipe videos via Social Media ; some included student participation		X		Continue videos with new vendor

Part III: Model Policy Comparison

As part of the triennial assessment, USDA requires sponsors to assess how their wellness policy compares to model wellness policies. Choose **one** of the model wellness policies below to compare against your local wellness policy. Indicate which model policy was chosen and provide a narrative for each prompt below based on the findings.

- [Alliance for a Healthier Generation's Model Wellness Policy](#) – Local wellness policy created in collaboration with USDA, which exceeds minimum requirements
- [Rudd Center's WellSAT 3.0](#) – Wellness assessment tool that asks a series of questions about your local wellness policy and generates a personalized scorecard based on the results. Users will need to create an account to access this tool.
- Other: _____

1. What strengths does your current local wellness policy possess?

Standards and guidelines follow ISBE and USDA requirements.

2. What improvements could be made to your local wellness policy?

Development of the Wellness Committee

Improve nutrition education for all grade levels

Implement additional Outdoor Gardening & Indoor Hydroponics Growing System

3. List any next steps that can be taken to make the changes discussed above.

Solicit volunteers for the Wellness Committee

Develop on-hands opportunities for students to learn about nutrition

Encourage learning around gardening